

MAINSTAGE



PERFORMING ARTS

Mainstage Performing Arts is committed to ensuring the health and wellbeing of all students, staff and volunteers and will continue to follow the advice of the UK Government, NHS, Public Health England and our local Health Protection Team.

COVID-19 MEASURES.

- 1. All Mainstage staff have received specific COVID-19 training.**
- 2. DO NOT bring your child to the studio if they, or anyone they live with or have come into close contact with are displaying any signs or symptoms of COVID-19.**
- 3. DO NOT bring your child to the studio if they have been advised to self-isolate.**
- 4. If possible, please avoid using public transport to travel to and from the studio. Travel via your own vehicle, bike or on foot is preferred.**
- 5. No parents are allowed to enter the studio for any reason.**
- 6. Please arrive no more than 5 minutes before your lesson is due to start.**
- 7. If you are dropping a child off aged 6 and over, please remain in your vehicle and watch the child walk to the studio entrance where they will be greeted by a member of the Mainstage team.**
- 8. If your child is aged 3-5 years, please park and walk your child over to a member of the Mainstage team who will be waiting outside the studio entrance. One adult only. (Please keep 2 metres apart from other families).**
- 9. Please can you make sure that your child uses the toilet before leaving home. This will help us to limit the number of trips needed to and from the toilet facilities on site.**
- 10. Upon arrival, all students are to immediately sanitise their hands and have their temperature taken through our infra-red thermometer.**
- 11. Any child with a fever will be immediately isolated and must be collected by their parents.**
- 12. Students will be asked for verbal confirmation on arrival that they feel well.**
- 13. Student's should arrive in uniform and bring suitable dance shoes in a clearly named bag. BARE FEET IS NOT PERMITTED.**
- 14. Students will be allocated a 2m² (or more) space to use throughout their classes. Students will bring their bags with them in to this space. Please do not send your child with any unnecessary luggage. Only essential items please.**

- 15. Increased hand washing is encouraged particularly before and after eating or using any equipment.**
- 16.. The studio and toilet facilities will have been deep cleaned prior to your arrival. The Mainstage team will regularly clean frequently touched surfaces.**
- 17. Masks should NOT be worn as they reduce the ability to breathe comfortably when exercising. It is your choice if you would like to wear a mask to and from the studio.**
- 18. Students must bring their own water bottles with enough water to last them. If students are bringing any snacks, they must be able to open these themselves.**
- 19. The studio will be well ventilated, Windows and doors will be open.**
- 20. If your child requires any first aid treatment whilst in our care, this WILL be administered by 1 of the Mainstage first aiders. If you do NOT want us to treat your child should they need any assistance, please do make us aware via email BEFORE your child is due to attend.**
- 21. All students will be required to sanitise their hands when leaving the studio.**
- 22. Please ensure that you are on time collecting your child. All students should leave the studio as promptly as possible.**
- 23. At the end of each class, a member of the Mainstage team will safely see each child out to their parent / guardian. If your child is aged 3-5, please wait outside the studio exit (This will be clearly signposted) maintaining a social distance of 2 metres at all times. If your child is aged 6 and over, please wait in your car and we will watch your child walk safely over to you.**
- 24. All further protective measures that we have put in place can be found in our full risk assessment.**